

Family and Children's Services Inc.,
in Collaboration with Union County Youth Services Commission,
Presents: Workshops for Professionals Working with At-Risk Youth

Trauma and Our Youth

Wednesday, April 22, 2020,
10:00am-12:00pm,
UC Administration Building,
6th Floor Freeholders Conference
Room

Coping with Secondary
Traumatic Stress

Thursday, April 30, 2020
10:00am-11:00am,
UC Administration Building,
6th Floor Freeholders Conference
Room

Goals of the Workshop are to provide juvenile justice staff with the knowledge and skills needed to:

- Educate juvenile justice staff about the impact of trauma on the development and behavior of youth in the juvenile justice system.
- Respond appropriately to the behavioral and emotional challenges of traumatized youth.
- Help traumatized youth recognize and develop their strengths.
- Help traumatized youth recognize survival coping strategies and develop positive coping strategies needed to grow into a healthy, productive, and functional adult.
- Help youth to take care of themselves and seek support from others.
- Help staff cope with their own secondary traumatic stress.



Please RSVP by: April 16th, 2020

To: Patricia Scala pscala@ucnj.org/
908-527-4888

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